

LITE FARE

HOT VEGI 5.49
Green pepper, carrot, mushroom, celery, & provolone cheese on pita or sub

PROVOCADO 6.49
Avocado, turkey, alfafa sprout, onion, green pepper, lettuce, tomato, provolone cheese & italian dressing on sub or pita

SUMMER FIT 7.79
Healthy salmon with green pepper, hot pepper and onion on sub - NO MAYO

DIET 5.49

SIDE ORDERS

Onion Rings 2.99
French Fries 2.69

SALADS & PLATTERS

Chef Salad 6.29
Chicken or Tuna Salad Platter. 6.29
Grilled Chicken Salad 6.69

EXTRAS

Cheese70c
Avocado 1.00
Tomato50c
Mushrooms50c
Green Peppers50c
Extra meat available at additional cost

BREAKFAST SPECIAL*

- 1. Two eggs, choice of meat, toast, & home fries* . . .5.29
- 2. Two eggs, toast, & home fries*4.89
- 3. Two eggs, choice of meat & toast*4.89
- 4. Three hot cakes or French toasts with two eggs & choice of meat*6.49
- 6. Salmon cake with two eggs, toast & home fries* .6.69
- 7. Steak egg and cheese or breakfast sandwich with home fries*6.69
- Breakfast Burrito with choice of meat 4.39**

METRO LUNCH COMBO

- 1. Italian Coldcut
 - 2. Tuna Salad Sub
 - 3. Steak and Cheese Sub
 - 4. Chicken Gyro
 - 5. Bacon Cheeseburger*
 - 6. Philly Chicken
- 7.49**
includes 16oz fountain drink and French fries

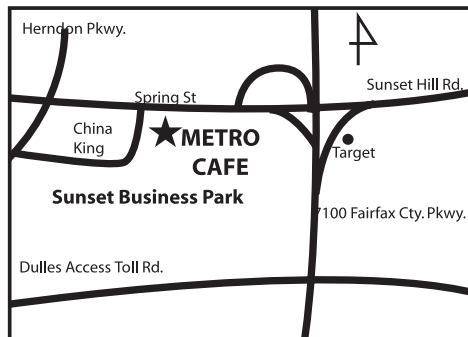
METRO DELI SPECIAL

- Bulkokie** Authentic Korean beef dish with veges and steamed rice on the side7.49
- Spicy Chicken Bulkokie** diced chicken and veggies sauteed in spicy Korean sauce over steamed rice.7.49
- BiBimBap** Korean-seasoned beef, assorted veges over rice . .7.49

METRO TERIYAKI

- Glazed with sweet Japanese sauce served with steamed rice and veges
- Chicken7.49**
 - Beef8.49**
 - Vegetable7.49**
 - Salmon.10.79**

*Cooked to order. These items contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illnesses. Prices are subject to change without notice.



ATM, All Credit Cards Welcome
M-F: 6AM-3PM

139 Spring St
Herndon, VA 20170
Sunset Business Park
703-471-6133
www.MetroCafeHerndon.com

BREAKFAST

CHOICE OF MEAT

bacon, turkey bacon, ham, sausage, scrapple
turkey sausage

SANDWICHES*

Egg sandwich	2.19
Egg & cheese	2.69
Choice of meat, egg and cheese	3.69
Steak, egg and cheese	4.39
Western sandwich.	4.39
Meat, egg and cheese on bagel.	4.39
Breakfast Burrito	4.39
Meat egg and cheese on croissant	5.09
Good morning burger	5.19

OMELETTES* with home fries and toasts

Cheese	5.19
Ham	5.59
Ham & cheese	6.09
Western	6.19
Steak & cheese	6.59

SIDES

1 extra egg*	69¢
Toast with butter	99¢
English muffin with butter	1.39
Croissant.	1.79
Bagel with butter	1.49
Bagel with cream cheese	2.09
Home fries	2.69
French toasts (3pcs)	4.59
Hot cakes (3pcs).	4.59

Extra meat available at additional cost

LUNCH

CHOICE OF BREAD

white, whole wheat, rye, kasier roll, sub roll, croissant, sourdough,
tortilla, English muffin

HOT SANDWICHES

Hamburger*	3.59
Cheeseburger*.	3.99
Grilled ham & cheese	4.99
Grilled bacon & cheese	4.99
Rueben on rye	6.49
Turkey Rueben on rye	6.49
Tuna melt	5.69
Steak and cheese	6.09
Chicken Gyro	6.09
Lamb Gyro	6.39

COLD SANDWICHES

Turkey	4.99
Ham and cheese.	4.99
BLT	4.49
Tuna salad	4.99
Chicken salad	4.99

CLUB SANDWICHES (white or whole wheat)

Turkey	5.99
Ham	5.99
Super club	6.29

Add 89¢ for croissant, sub, pita, tortilla wrap or kaiser roll
Add 10¢ for rye or multigrain bread

SPECIALTY SANDWICHES

HOT

DOUBLE CHEESE BURGER* **5.99**
Double patties and double cheese with special burger sauce

THE SPRING **5.79**
Grilled turkey, melted provolone, lettuce, tomato and house dressing

HOUSE CHICKEN **6.29**
Grilled chicken breast, melted provolone, lettuce, tomato and house dressing

NEW YORKER **6.49**
Hot corned beef, pastrami, melted Provolone cheese, cole slaw & Russian dressing on rye

SUNSET CHICKEN **6.29**
Grilled chicken breast with bacon, Provolone cheese, lettuce, tomato and honey mustard on kaiser roll

CHICKEN CHEDDAR **6.29**
Grilled chicken breast with bacon, cheddar cheese, BBQ sauce on kaiser roll

HOUSE TURKEY SUB **6.29**
Grilled turkey, melted provolone, lettuce, tomato and house dressing on sub

COLD

THE BIG CHICKEN **5.59**
Chicken salad, alfafa sprouts, avocado and bacon

THE FISHER **5.49**
Homemade tuna salad, alfafa sprouts and provolone cheese

THE POPULAR **6.09**
Turkey with avocado, Provolone cheese and alfafa sprouts, Russian dressing on pita

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